



云南戴托普

——从居住治疗到社区外展

Yunnan Daytop

*-- from Residential Treatment
to Community Outreach*

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什么是戴托普

What is Daytop

- 一个自愿药物滥用治疗康复机构
- A voluntary treatment facility for drug abuse
- 服务人群：药物滥用者
- Target group: drug users
- 模式来源：美国戴托普
- Model original: American Daytop
- 核心：行为矫正和心理康复
- Focus on: behavioral rehabilitation and psychological recovery

TC活动之一：早会

TC Activities: Morning Meeting



TC活动之二：救人

TC Activities: Pull up



TC活动之三：读戴托普信条

TC Activities: Reciting Daytop Philosophy



对外门诊

Outpatient clinics

- 市内8个对外门诊，提供戒断、咨询、安全套、针具等服务
- 8 outpatient clinics in the downtown
- 曲靖地区1个对外门诊，提供戒断、咨询等服务
- 1 clinics in the Qujing prefecture

强制戒毒所中的同伴教育

Peer Education in Detox Centers

- 48名戴托普康复成员培训成为同伴教员
- 48 trained Daytop graduated ex-users as peer educators
- 在昆明4个强制戒毒所和云南省3个地州的3个戒毒所中开展了128多个培训班
- Over 128 workshops conducted by peer educators in 4 detox centers in Kunming and 3 in prefectures of Yunnan

清洗针具 Clean syringe



社区外展

Community Outreach

- 匿名戒毒者协会
- NA
- 同伴教育：与社区中药物滥用者定期见面，传播减少伤害的信息
- Peer Education: regular meetings with drug users in communities, deliver harm reduction information and message

社区外展

Community Outreach

- VCT社区外展：为社区中的药物滥用者提供自愿咨询检测服务及提供转介信息
- VCT community outreach: deliver VCT services to drug users in communities and provide referrals
- 感染者自助互助小组
PHA self help and support group
- 感染者预防行为干预
- PHA preventive intervention

安全套使用演示

How to use a condom



Futures and Expectations

前景和希望

- 为我们的目标人群提供不同的选择
- Develop various options for our target group
- 把我们的关爱和服务扩展向更多的药物滥用者及艾滋病毒感染者
- Extend our care and services to more drug users and PHA
- 我们欢迎各种形式的合作！
- We welcome cooperation!

Acknowledgement

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谢谢！

Thank You!